

# Be An Intercessor for Life Pray & Fast on Tuesdays



Pray the Rosary

Offer Masses

Pray the Divine Mercy  
Chaplet

Offer sacrifices

Make it a day of  
fasting

Each Tuesday 20 to 30 babies are aborted at the Planned Parenthood abortion facility in Lincoln. Even more babies are aborted each week at an abortion facility in Bellevue. Mothers occasionally change their minds and choose life because of a prayerful presence of individuals at these facilities. The 12-week old baby in this ultrasound photo was one of those lives saved from abortion at the Bellevue abortion facility.

Please support this effort by committing to be an Intercessor for Life. Your prayers and sacrifices at church, home, school or job on Tuesdays (or another day if preferred) can impact a decision for LIFE!!! Contact your parish pro-life representative to sign up.

If you feel called to serve as a sidewalk counselor at one of the abortion facilities, contact Pam McCabe (Lincoln) at 402-489-7968 or Liz Miller (Omaha) at 402-614-0496.

Bishops' Pastoral Plan for Pro Life Activities  
215 Centennial Mall So., Ste 310, Lincoln, NE 68508, 402-477-7517  
[www.nbcathcon.org](http://www.nbcathcon.org)